



Programme Dossier

PLASTA x Interface

2023 Congress

Empowering Plastic Surgery Through Collaboration

28th November 2023

Hilton Newcastle Gateshead

ABOUT US

PLASTA - the UK's Plastic Surgery Trainees Association

OUR MISSION:

Continual improvement
of Plastic Surgical
Training in the British
Isles

To ensure that trainees
across the country have
fair and equal
opportunities to
maximise their training

To provide opportunities
for trainees to become
well rounded and
successful Consultant
Plastic Surgeons



PLASTA works closely with the BAPRAS (British Association of Plastic Reconstructive and Aesthetic Surgeons) and SAC council to ensure transparency, equality and fairness in training

In addition to our advocacy role, PLASTA aims to provide a forum for discussion and advertisement of courses, conferences, educational material and innovative adjuncts



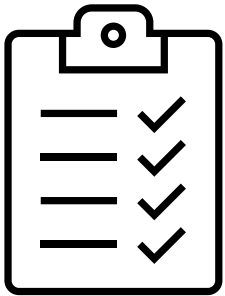
PLASTA WINTER CONGRESS 2023



AUDIENCE

Estimated 150 delegates consisting of:

- Over 100 Plastic Surgery Trainees (NTN) + junior members of PLASTA
- PLASTA Committee members
- Plastic Surgery Consultants from recognised NHS Units



FORMAT OF THE DAY

Theme: 'Interface'

One-day event consisting of

- a series of talks, with topics including lower limb, facial aesthetics, and breast reconstruction
- Panel discussion of cases
- Poster presentations and prizes
- Workshops including fracture fixation and practical skills, ST3 interviews, and FRCS workshops
- Opportunities to network throughout the day

EVENT PROGRAMME

8:50 – 9:00 Welcome & Introductions (PLASTA & BAPRAS Presidents)

9:00 – 10:00 Talk by Lt Col James Baden, Mr Steven Boreland, Mr Juan Berner

Topic: **Trauma & Lower Limb**

10:00 – 10:40 Keynote Speaker Dr Greco (ASPS President)

10:40 – 11:00 Coffee Break

11:00 – 12:00 Talk by Ms Joanne Skillman, Mr Chris Hoo, Mr Gareth Irwin

Topic: **Breast Reconstruction**

*12:00 – 13:00 Lunch / PLASTA Poster Competition/ Incision
Indemnity talk and Q&A/ Opportunity to network with sponsors*

13:00 – 13:05 PRASIS talk Ruth Waters

13:05 – 14:10 Talk by Prof De Suza, Mr Marc Pacifico, Ms Nora Nugent

Topic: **Facial Aesthetics**

14:10 – 14:30 Coffee Break

14:30 – 16:00 Workshops

- **ST3 Interview Preparation**
- **Fracture Fixation & Practical Skills Workshop** (by Medartis)
- **Preparing for the FRCS**

16:00 – 17:00 Final talks

- Trainer of the year
- Poster presentation awards
- Closing remarks
- BFIRST

17:00 Social & Fellowship Networking Event

Sponsors



2023 Congress Committee

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