BAAPS
The British Association of Aesthetic Plastic Surgeons

BAPRAS
British Association of Plastic Reconstructive and Aesthetic Surgeons

Application and selection process

NIALL KIRKPATRICK BAAPS / BAPRAS AESTHETIC FELLOWSHIP 2027

Closing date for applications:
31 December 2026

Royal College of Surgeons
38-43 Lincoln's Inn Fields
London WC2A 3PE

0207 831 5161
secretariat@bapras.org.uk

Introduction

This paper outlines the relevant background, process and criteria to enable post CCT Plastic Surgical Trainees to apply for the BAPRAS/BAAPS Aesthetic Fellowship.

The British Association of Plastic, Reconstructive and Aesthetic Surgeons (BAPRAS) represents plastic surgery in the UK, advancing all aspects of the specialty and promoting understanding of contemporary practice.

The British Association of Aesthetic Plastic Surgeons (BAAPS) was established for the advancement of education, training and safety in the practice of Aesthetic Plastic Surgery for the benefit of patients.

The Fellowship

The Fellowship enables post-CCT Plastic Surgery trainees to undertake a period of training with a group of Senior Aesthetic Practitioners to develop their skills in aesthetic surgery and medicine. The Fellow will be attached to a group of Senior Aesthetic Practitioners who will act as Programme Directors; a minimum of 3 to ensure a wide range of Aesthetic Surgery training is covered with a 5 day weekly programme.

Exposure to a full range of Aesthetic Surgery, including; breast, truncal, facial and peri-orbital surgery will be afforded to the Fellow. The training will also include aesthetic medicine, including botulinum toxin and dermal filler procedures and the opportunity to participate in outpatient, pre and postoperative care.

Fellows will be given the opportunity to gain appropriate practical experience by directly assisting. Where possible, opportunities will also be created for the Fellow to undertake supervised operating. Protected time will be given for individual tutorials on the various aspects of the Aesthetic Surgery syllabus. It is anticipated that much of this activity will take place during routine theatre and outpatient sessions.

In 2024, four Fellowships are available. Each Fellowship will last for three months. An educational bursary of £8,000 will be provided per Fellow. £6,000 will be paid out at the start of the Fellowship and £2,000 at the end, only on receipt of a completed research project. The research project must be submitted within 6 months of completing the placement at the host centre.

On successful completion of the Fellowship a Certificate in Aesthetic Training will be awarded.

BAAPS / BAPRAS Aesthetic Fellowship

How to apply

Before submitting a formal application, the applicant is asked to liaise with one of the Programme Directors for the scheme.

A list of Programme Directors and their administrator's contact details are available below:

Mr Bryan Mayou, London
Contact: bryan.mayou@cadoganclinic.com

Mr Dan Saleh, Newcastle
Contact: dan_saleh@hotmail.com

Mr Mark Henley, Nottingham / Mr Graham Offer, Leicester
Contact: Debbie Keast, Private Secretary, Deborah.Keast@spirehealthcare.com

Mr Greg Williams, London
Contact: dr.greg@farjo.com

Applicants are asked have an informal conversation about the skills they wish to develop and the reasons for wishing to be attached to the Programme Director approached. Applicants must also provide the Programme Director with a full log book of aesthetic procedures, so that targeted exposure to areas of deficit may be considered, together with details of the research work to be carried out.

Programme Directors will assess whether they are best placed to provide the training and support required and sign a 'Statement of Support' (ANNEX A) if they are willing to support the application.

Applicants are then asked to submit the following:

- A statement (no longer than 1500 words) on how the Fellowship will contribute to their professional development. To include:
  - Reasons for pursuing a career in aesthetic plastic surgery and how the Fellowship will help achieve these aspirations.
  - Reasons for wishing to undertake the Fellowship with the Programme Director nominated.
  - Information about a proposed research project or audit

Without this information, applications will not be considered.

Curriculum vitae

- BAPRAS/BAAPS trainee membership number.
- Signed 'Statement of Support' from nominated Programme Directors

These documents should be submitted as one PDF to Elizabeth Andrade—**secretariat@bapras.org**.uk by **17:00 on 31 December 2026.**

To be eligible for consideration as a Fellow applicants must

- Be a post CCT plastic surgery trainee at the time of undertaking the Fellowship.
- Be a BAAPS/ BAPRAS Trainee member.

Assessment

Assessment is by external expert review and will be administered by BAPRAS and BAAPS.

Terms and Conditions

1. Prior to the start of the Fellowship the Fellow must establish a Learning Agreement with the Programme Director. The programme of training has to include outpatient, theatre and pre and postoperative care experience. An example of the Learning Agreement is available at ANNEX B. The Fellow must submit a copy of this to BAPRAS

2. A weekly timetable must be provided by the Fellow at the start of the Fellowship with the following minimum numbers of sessions:

- 4 operating half days per week
- 2 half-days outpatient session per week (total of 20 sessions)
- 1 half-day session dedicated to audit and research

An illustrated example of a proposed timetable is available to successful candidates. The Fellow must submit a copy of their proposed timetable with their application prior to the start of the Fellowship

3. Protected time must be allocated for individual tutorials on the various aspects of the aesthetic surgery syllabus including aesthetic medicine.

4. The unit should be able to expose the Fellow to a minimum number of cases detailed below. This ensures that all plastic surgery trainees should, in association with aesthetic training in their rotations, be able to credential in all aspects of cosmetic surgery.

- 20 Breast procedures
- 10 Truncal procedures
- 20 Facial and Peri-orbital procedures
- 7 Nasal aesthetic procedures
- 5 Ear aesthetic procedures
- 10 Botulinum toxin procedures
- 5 Dermal filler procedures

In addition the Fellow will be have the opportunity to gain an overview of hair restoration surgery. This will include:

- 1 Hair Transplant Surgery observation
- 1 Hair Restoration Clinic observation

5. The Fellow is encouraged to utilise the time for maximum educational benefit, which may involve visits to other units. There is no additional funding available for this. For instance where the programme does not expose the Fellow to sufficient procedures in a given area, the Fellow may, with the agreement of the programme director, visit other units to gain exposure. It is anticipated that this will be for no more than a total of ten days within the fellowship.

6. The Fellow will work within the unit(s) for a period of three months. A total of two weeks (including bank holidays) annual leave is permitted.

7. It is the Fellows responsibility to submit all required documentation prior to commencing the Fellowship. This will include GMC details, medical indemnity, CRB checks and Occupational Health clearance. It should be noted that without this documentation having been cleared by the relevant Hospitals and Clinics that the trainee may not gain entrance to clinical areas.

8. Prior to starting, the Fellow is encouraged to undertake some study to maximise the benefits of the Fellowship. The Aesthetic Surgery Journal provides a very useful starting point for up to date and practical articles on Aesthetic Surgery.

9. Appropriate practical experience and training will be provided through direct assisting. Whenever possible, opportunities should be created for supervised operating within the group. If the opportunity arises that patients are happy to be operated on by the Fellow, this could be at reduced fee.

10. By mutual agreement, it is envisaged that one of the Consultants within the programme may take on the role of mentor for the first 3 years following the Fellow's progression to Consultant post.

Annex A- statement of support

To be printed on the Unit/ Clinic headed paper:

I / We the undersigned are willing to supervise .....
Should they be awarded the BAAPS/BAPRAS Aesthetic Fellowship.

I/We have discussed the applicant's career aspirations and am/are satisfied this Unit/Clinic is able to provide the training required by the applicant to achieve their aims.

Signed

.....(Programme Director)

Annex B- learning agreement

To be printed on the Unit/ Clinic headed paper:

Learning Agreement for Aesthetic Fellow

Fellow:

Programme Director:

Knowledge
The Fellow agrees to undertake background reading on all aspects of aesthetic surgery, this to include relevant articles in the Aesthetic Surgery Journal.

Clinical Skills
During the fellowship the Fellow will become proficient in the pre-operative outpatient assessment of patients requesting aesthetic surgery, and the peri-operative management. This includes the markings of patients undergoing a number of procedures, including breast reduction, abdominoplasty and facial rejuvenation. It is expected that the Fellow will assist in theatres and may undertake parts of procedures, including intra-operative markings, suturing and where possible parts of procedures. Specific areas of training should be identified by discussion with the Fellow and a logbook review.

Audit, Research and Presentations
The Fellow will undertake an audit or research project on an aspect of the Unit's practice. The Fellow will produce a report at the end of their Fellowship. This report will be submitted for presentation at the BAAPS and/or BAPRAS meetings.

Assessment
At the end of the Fellowship the Fellow will meet with the Programme Director for formal assessment of both the Fellow's progress and of the Unit's delivery of aesthetic training. This report will be submitted alongside the final report for the Fellow's research or audit project and will be assessed by external review. The research project must be submitted within 6 months of completing the placement at the host centre. Following satisfactory review the Fellow will be awarded a Certificate in Aesthetic Training.





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