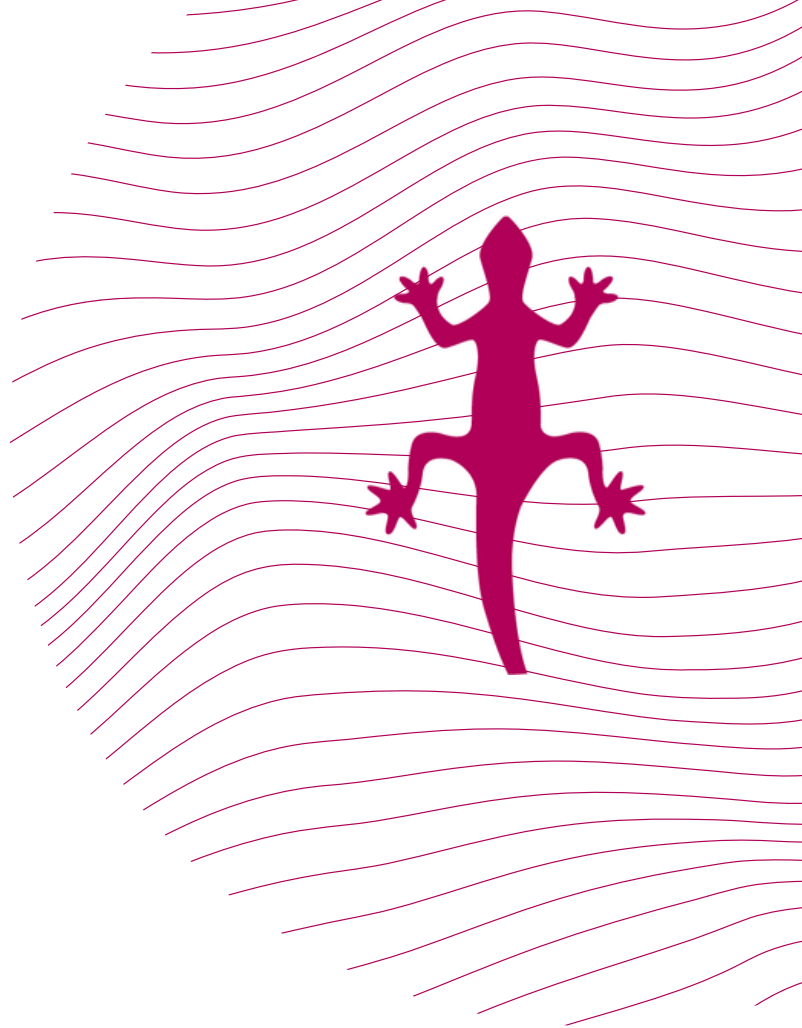


2020  
2021

# YEAR IN REVIEW

For the year started on October 2020 and ended on September 2021





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# About Us

The British Association of Plastic, Reconstructive and Aesthetic Surgery is the voice of plastic surgery in the UK, advancing education in all aspects of the specialty and promoting the understanding of contemporary practice.

The Association is one of 10 surgical specialty associations. BAPRAS speaks for plastic and reconstructive surgeons providing services to patients in the UK today.

The Association was founded in 1946 in the aftermath of the Second World War as the British Association of Plastic Surgeons. Its objectives were to relieve sickness and to protect and preserve public health by the promotion and development of the speciality. Today, these objectives remain, however, techniques and expertise have progressed to the extent that plastic surgery needs to be understood in a modern, wider context.

As the voice of plastic surgery in the UK, we aim to raise awareness of the breadth of plastic surgery, to promote innovation in teaching, learning and research and to increase overall understanding of the profession.



# Our Trustees

The Trustees of the Charity are the elected Officers and members of the Council of The British Association of Plastic Reconstructive and Aesthetic Surgeons (BAPRAS). The Trustees are assisted by invited advisors, who are neither trustees of the charity nor directors of the company.

**1 October 2020 -  
31 December 2020**

**M Henley - President**  
**R Waters - Deputy President**  
**S Eccles - Honorary Secretary**  
**S Wood - Honorary Treasurer**  
R Agarwal - East Midlands  
K Allison - Non Regional  
R Cole - South West  
M Dalal - North West  
A L Dancey - West Midlands  
P J Drew - Wales  
M Fawzy - East of England  
D J Gordon - Non Regional  
J Haeney - Yorkshire and Humberside  
S Hettiaratchy - London  
W L Lam - Scotland  
J O'Donoghue - North East  
A Pandya - South Central  
J S Sinclair - Northern Ireland  
S K Veeramani - South East Coast

**1 January 2021 -  
30 September 2021**

**R Waters - President**  
**M Henley - Deputy President**  
**U Khan - Honorary Secretary**  
**S Wood - Honorary Treasurer**  
R Agarwal - East Midlands  
K Allison - Non Regional  
A Brown - Northern Ireland  
M Dalal - North West  
P Drew - Wales  
J Haeney - Yorkshire and Humberside  
S P Hettiaratchy - London  
P Kalu - Non Regional  
W L Lam - Scotland  
D Mackenzie - South West  
M Moses - East of England  
J O'Donoghue - North East  
A Pandya - South Central  
S Singh - West Midlands  
S K Veeramani - South East Coast



## Our Mission

Promote the best evidence-based practice in plastic, reconstructive and aesthetic surgery in order to achieve the highest standard of patient care through professional support in education, research and development of knowledge.

## Our Charitable Objectives

- To relieve sickness and to promote and protect public health by the promotion and development of plastic surgery.
- To advance education in the field of plastic surgery.





# What does BAPRAS do?

## Education

- We organise regular courses and conference on various subjects related to plastic surgery for those at all stages of their career.
- We provide opportunities for individuals to educate themselves via bursaries grants and fellowships.
- We produce a peer reviewed journal, JPRAS.
- We further the education of plastic surgeons at all stages of their careers via our e-learning platform, e-LPRAS.

## Research

- We support research by providing grants and bursaries.

## Support

- We provide a network and a support system for our members within the plastic surgery community.

## Speciality development

- We offer advice on a variety of areas of practice and surgical education via the Royal Surgical Colleges and governmental bodies.
- We organise an annual survey of the plastic surgery workforce in the UK to ensure plastic surgery services are better supported in the future.
- We maintain and develop a registry to collect data on about all major free and pedicled flap operations carried out in the UK and through that, to assess the quality of care we provide for patients.

## Patient information

- We provide advice for patients via our website and via the printed patient information guides.

# Key areas for development in 2020-2021

## FUNDING AWARDED



£71,821

Grants:

£30,159

Education  
grants

£41,662

Research  
support

## WORKFORCE PLANNING PROJECT

we continue to fund a workforce planning project to determine NHS requirements for consultant plastic surgeons in the future.

## THE UK NATIONAL FLAP REGISTRY

continued successfully and work on a supplementary registry for Mohs surgery was commenced

# Events Hosted

1

Scientific meeting

2

Advanced Educational Courses

23

Webinars for medical students

19

Webinars for around the COVID pandemic for consultants

9

Webinars in a series for specialist trainees



# How do we work?

## Council

The work of the Association is carried out by numerous committees, which report regularly to the Council. The Council consists of the Trustees of the Charity and other invited members. In 2020/2021 this group met 4 times.

The subspecialty interests of the Association are supported by special interest and advisory groups.

## Representation

The Association is represented on a number of bodies, including the Armed Forces, BAAPS Council, BFIRST, BMA, SAC, ICOPLAST, FSSA, The Scar Free Foundation, the Intercollegiate Board and JCST, NICE, ABS, The Royal College of Surgeons of England Council, IPRAS, ESPRAS, EBOPRAS, PRASEAG.

## The Secretariat

BAPRAS is supported by a secretariat of 10 part and full-time employed staff.



## IMPACT

We measure our impact by ascertaining the proportion of NHS Consultants that are members and levels of attendance at meetings.

### LEVEL OF MEMBERSHIP

82% of NHS Consultants in 2021 are members of the Association (72% in 2020)

### ATTENDANCE AT SCIENTIFIC MEETINGS

There were 168 (2019: 239) attendees at the 2020 Winter Scientific Meeting. Owing to the COVID pandemic, this meeting was rescheduled and held in June 2021 as BAPRAS Unlocked, which led to lower than average attendance.

93 papers and 84 posters were presented over a series of 6 webinars in association to BAPRAS Unlocked (2020: 70 papers and 42 posters presented). The webinars were attended by 240 delegates.

### ATTENDANCE AT OTHER COURSES

A total of 284 people (2020: 161 people) attended the Advanced Educational Programme during the 2020-2021. This is an increase in delegates compared to 2019/2020 when one of the two scheduled courses were cancelled owing to the 2019 COVID pandemic.

As well as the Advanced Educational Courses, we educated over 2500 unique delegates during the webinars organised during this financial year.

## PUBLIC BENEFIT

- We continue to distribute printed patient information guidelines brochures on 6 different topics including Breast Reconstruction, Breast Reduction, Breast Augmentation, Skin Cancer, Burns and Abdominoplasty with an online library of over 30 different patient guides and useful resources. We provided over 2000 patients with information.
- The 'Think over before you make over' campaign continues to provide a resource library for members of the public looking for information on the safety of surgery.
- The needs of the general public were taken into consideration in the Association's Council by having patient representation on Council

# Events & Activities

## BAPRAS Events

BAPRAS organises one scientific meeting annually. These meetings are ran to disseminate new medical information and research to members. They include lectures and discussion forum sessions playing an important part in the training of plastic surgeons and continuing medical education of consultants.

In 2020/2021, with continuing disruption to the scheduled events programme during the COVID pandemic, much of BAPRAS' education content moved online.

### BAPRAS Unlocked

The Winter Scientific Meeting 2020 was not held in Manchester in December as planned, owing to restrictions because of the COVID pandemic. Instead, a revised version of this meeting was held in Nottingham in June 2021.

In recognition of the fact that the event was to be held at the conclusion of the national lockdown, the event was titled 'BAPRAS Unlocked'.

BAPRAS Unlocked was attended by 168 participants. Free papers were contained in a series of webinars, with the top papers being presented at the 'in person' meeting. A total of 93 papers and 84 posters were presented, twice as many as in the previous meetings.

The in-person meeting was supported and attended by 20 exhibitors (8 in 2019).

Modifications were made for COVID, such as remote presentation from overseas speakers and reduced capacity within the venue.





## Advanced Educational Courses

The Association organises an Advanced Educational Programme in Plastic Surgery consisting of eight, two to three day courses over a four-year period. The programme is aimed at trainees in plastic surgery, particularly those in the advanced levels of their training. The programme is also of value to trainees and specialists in interface specialties and provides valuable updates for continuing medical education.

Two Advanced Education Programme courses focused on Burns and Breast took place as webinars, enabling remote participation.

The Burns course was attended by 112 delegates (the equivalent in the previous series 132) while the Breast Surgery course was attended by 172 (the equivalent course in the previous series attracted 193 delegates).



## BAPRAS/SAC/PLASTA National Teaching Programme

In collaboration with PLASTA and the SAC, BAPRAS created a two-year webinar series for specialist trainees at all levels, aimed at giving full teaching over the entire FRCS(Plast) curriculum.

The National Teaching Programme of fortnightly webinars was launched in June 2021, due to run until early 2023. The series is being delivered to all UK trainees free of charge. Trainees in low and middle income countries will have the opportunity to access resources and videos from the series for free, with a registration fee for trainees from high and upper middle income countries.

Around 100 delegates have attended each webinar.



## Undergraduate Day

A regular one-day course for medical students would normally have been run to provide an opportunity to undergraduates interested in seeking information about a career in plastic surgery. However, with national lockdowns commencing shortly after the last undergraduate study day and continuing through 2020 and 2021. An equivalent event was not held in the 2020/2021 financial year. It is anticipated that this event will return again in February 2022.

In its place 19 free to attend student webinars were organised on Zoom, reaching more than 120 Medical Students Attendees per session.

# BAPRAS Activites

## e-LPRAS

Over recent years BAPRAS has supported the development of an online e-learning programme to support both the curriculum for plastic surgery trainees and consultant revalidation.

Development of the e-learning in plastic reconstructive and aesthetic surgery project (e-LPRAS) has been sponsored by BAPRAS and hosted by e-Learning for Healthcare (e-LfH), under the auspices of Health Education England (HEE).

In September 2021, it was decided to re-align the management of the project, to bring control closer to BAPRAS, with oversight by the Education Committee.

Work is ongoing to reinvigorate the project, using funding obtained from eIntegrity.

The project has no finite end date, but will continue to be run by BAPRAS, in collaboration with a team of external instructional designers

## JPRAS

The Journal of Plastic Reconstructive and Aesthetic Surgery (JPRAS) is owned by the Association and continues to be published in conjunction with Elsevier Science, and edited by Professor A Hart. The number of papers submitted to the Journal in 2020/2021 was 1,889 (2019/2020: 1,259). While the number of submissions increased substantially in this financial year, a comparable rejection rate to previous years was maintained.

The Journal holds an Impact Factor of 2.74 (2.390 in 2019/2020). Full text usage continued to increase (943,097 users in 2020 compared to 847,581 in 2019/2020).

## Special Interest and Advisory Groups

The rebranded Special Interest and Advisory Groups (SIAGs) were relaunched and continue to be reformed, in consultation with the whole membership, and with guidance from Council. The remit of these groups has been increased to become involved more heavily in areas of BAPRAS business including communications, guideline writing and education. A total of 604 members are members of at least one SIAG.



## Communications

The communications team continued to deliver its strategic objectives throughout 2020/2021, running a 24-hour press desk and producing proactive media stories, which allow the scope and breadth of the specialty to be demonstrated and this involved working with a number of members across the UK. Media outreach work concentrated on disparity in breast reconstruction services around the country, changes to availability of Botox and fillers for under 18s and breast implant safety. Press outreach was supported via social media channels and the BAPRAS website. Additionally, public awareness campaigns on facial palsy, gender reassignment, breast augmentation, burn awareness and firework safety were launched on BAPRAS' social media channels.



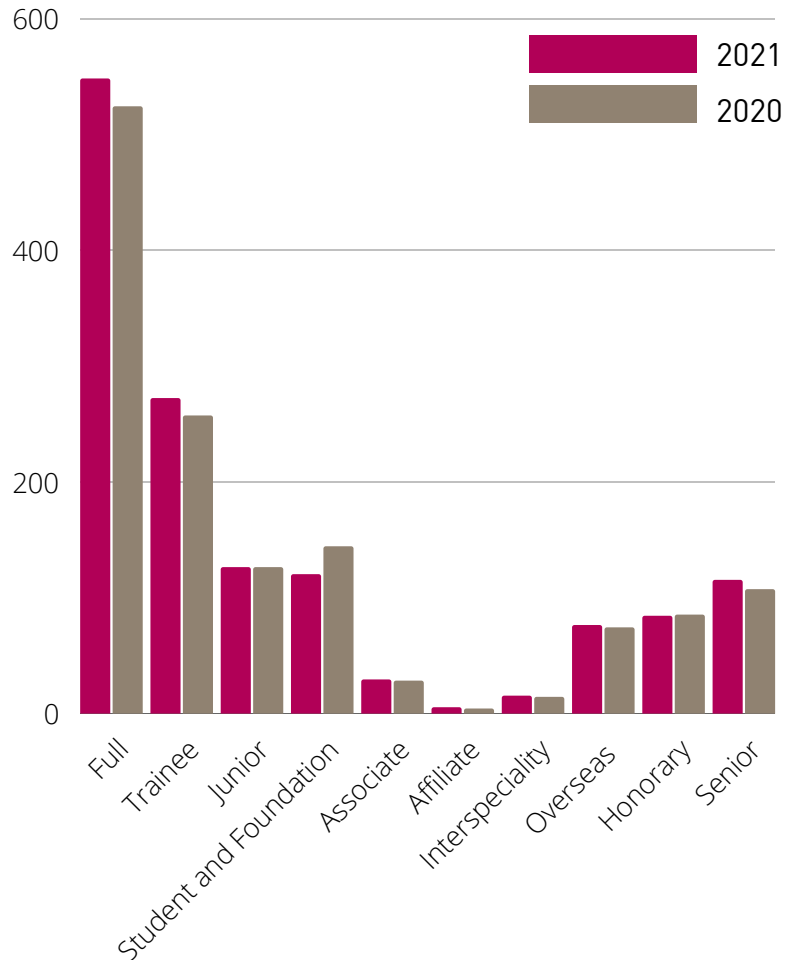
## COVID Impact

The continuing COVID pandemic did impact the Association's educational activities during 2020-2021, with a limited number of events taking place in 'in person' format, and much lower numbers of delegates attending the in person events that were organised. Much of the Association's business was moved to an online format, and infrastructure put in place to allow work to continue outside of an office setting. Opportunity was taken to evaluate the long-held event portfolio, and to introduce online events, as well as to ensure recording of live events, to build a library of video content. Grants and bursaries were awarded as usual, though it was appreciated that those who were awarded bursaries may take longer than usual to complete research projects and fellowship visits.

# Our Membership

The membership of the Association comprises plastic surgeons, plastic surgeons in training and those aspiring to undertake a career in plastic surgery, allied health professionals working in plastic surgery-related roles plus a small number of surgeons and scientists from allied disciplines.

The membership of the Association at 30 September 2021 totalled 1390 (30 September 2020: 1363).



BAPRAS has a tailored membership offering for each category, so as long as you have an interest in Plastic Surgery, regardless of your role, we have a place for you in our organisation.

Please visit [bapras.org.uk](http://bapras.org.uk) to find out more about our membership offering.



## Relationships with other organisations



In 2013 BAPRAS set up a charity called BFIRST, which is managed within the Secretariat. The charity is a separate entity and is not controlled by BAPRAS, though a close relationship is maintained and administrative support is provided. The President of BAPRAS is a Trustee of BFIRST.

BFIRST continues with the development of an overseas fellowship scheme and was awarded a budget of £40,000 for 2020/2021 to assist in the education of doctors in training, and doctors from low and middle income countries respectively.



With the changes in training and increasing number of plastic surgery trainees in the late 90s, PLASTA (the Plastic Surgery Trainees Association) was introduced in 2003 as an expansion from the Senior Registrar's Travelling Club.

Its wider scope is to include an represent the interest of trainees at all levels. In the financial year 2020/2021 BAPRAS provides funding of £15,000 to PLASTA.



The Scar Free Foundation is the most active medical research charity in the area of reconstructive surgery and wound healing. The Association is a founder member of The Scar Free Foundation and continues to be represented on the Research Council of the organisation. BAPRAS has established some jointly funded research fellowships in areas of mutual interest.



# Future development areas

## Education

- We will be launching a bursary in collaboration with the Irish Association of Plastic Surgery to support an international fellowship.
- A new series of Advanced Educational Courses is scheduled to begin in October 2022.
- We will be launching our newly developed Annual Congress. Our flagship meeting for plastic surgeons and colleagues at all stages of their careers.

## Research

- We fund high-quality research in plastic surgery via its Pump-Priming Awards and Paton-Masser Memorial Fund continuing to endorse Commissioned and researcher-led calls to major funders.
- We aim to repeat the successful National Non-Melanoma Skin Audit (with RSTN).

## Support

- We are putting together training sessions to give members the tools to better address issues surrounding bullying and harassment.

## Speciality Development

- We are creating additional Special Interest and Advisory Groups to cover the full breadth of subspeciality interest in plastic surgery. This will allow the association to better support all areas of practice.

## Patient information

- We are updating our patient information guides with the latest advice to ensure patients have all the knowledge they need to make informed decisions about their surgery.