

Advanced Educational
**COURSES IN
 PLASTIC SURGERY**

Aesthetic Breast Surgery, Oncoplastic
 and Reconstructive Breast Surgery and
 Management of Lymphoedema
 27th – 29th April 2020

Day One – Aesthetic Breast Surgery - Monday 27th April 2020		
08:30	Registration and refreshments	
09:00	Welcome and Introduction	Jo Skillman
Session 1 - Successful planning in breast aesthetic surgery - 09:10 - 10:50		Chairs: Jo Skillman, Dean Boyce
09:10	Accreditation in Aesthetic surgery	Nigel Mercer
09:30	Breast health before aesthetic breast surgery - pain / benign disease / oncological assessment	Steven Thrush
09:50	Applying assessment and patient expectations to technique selection: implant selection, breast reduction method, tuberous breast treatment	TBC
10:10	Update on ALCL	Joe O'Donoghue
10:30	Question and answer session	All Faculty
10:50	Refreshment break and trade exhibition	
Session 2 - breakout - 11:20 - 15:30		Chairs: TBC
Session times: 11:20 - 11:45 11:50 - 12:15 12:20 - 12:45 The 6 sessions (3 before and 3 after lunch) will run concurrently with delegates rotating around all 6	1. Successful Aesthetic practice - How to start, build and develop a flourishing practice 2. Measurement, recording and 3D analysis 3. Information provision, consent and avoiding litigation in aesthetic breast surgery	
13:00	Lunch and trade exhibition	

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Session times: 14:00 - 14:25 14:30 - 14:55 15:00 - 15:25 The 6 sessions (3 before and 3 after lunch) will run concurrently with delegates rotating around all 6	4. Harnessing the power of social media in developing an aesthetic practice 5. How to salvage implant disasters and dealing with late complications: Capsular contracture, animation, rippling, ptosis 6. Breast Aesthetic Surgery for FRCS (Plast)	Ruth Waters
15:30	Refreshment break and trade exhibition	
Session 3 - 15:50 - 17:10		
15:50	Mastopexy and autoaugmentation: Tips and tricks	TBC
16:10	Tips and tricks for reliable, safe and excellent results in BBA and BBR	Ruth Walters
16:30	MDT session - breast aesthetic disasters: avoidance and management.	All faculty
16:50	Question and answer session	All faculty
17:10	Close	

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Day Two – Oncoplastic Breast Surgery - Tuesday 28th April		
08:30	Registration and refreshments	
Session 1 - Foundations of oncoplastic breast surgery 09:00 - 11:00		Chairs: TBC
09:00	Getting it right first time: safety of immediate nipple sparing mastectomy and reconstructive options	Steven Thrush
09:20	How to counsel patients requesting risk reducing mastectomy - 'assess your risk', contralateral mastectomy with a unilateral cancer	Ramsey Cutress
09:40	Single stage implant reconstruction: ADM including pre pectoral and dermal sling	John Murphy
10:00	Volume displacement / therapeutic mammoplasty principles	TBC
10:20	Volume replacement - LICAP TDAP principles	TBC
10:40	Question and answer session	All faculty
11:00	Refreshment break and trade exhibition	
Session 2 - Breakout - Free Tissue Transfer and Interplay between Nncological Treatment and Surgery - 11:30 – 15:30		
Free tissue Transfer Session times: 11:30 - 11:55 12:00 - 12:25 12:30 - 12:55 The 6 sessions (3 before and 3 after lunch) will run concurrently with delegates rotating around all 6	<ol style="list-style-type: none"> 1. Refinements in DIEP reconstruction for safe, reproducible results 2. TUG / PAP flaps - planning, process and outcomes 3. Extending the indications for free flap reconstruction, stacked flaps, multiple flaps: tips and tricks 	
13:00	Lunch and Trade Exhibition	

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Session times: 14:00 - 14:25 14:30 - 14:55 15:00 - 15:25 Interplay between oncological treatment and surgery The 6 sessions (3 before and 3 after lunch) will run concurrently with delegates rotating around all 6	4. Future developments in breast reconstruction - sensate DIEPs 5. Combination of DIEP and VLNT 6. Experience of free flap provision in a non NHS setting: dos and don'ts	Anne Dancey
15:30	Refreshment Break and Trade Exhibition	
Session 3 - 15:50 - 17:10		Chairs: TBC
15:50	Radiotherapy and breast recon / PRADA study, principles of neoadjuvant radiotherapy, immediate / delayed approach	TBC
16:10	Safety of immediate reconstruction - effect of neoadjuvant chemotherapy, delays to adjuvant treatment, higher local recurrence with SSM vs Simple mastectomy	Professor Nigel Bundred
16:30	Timing / options for delayed reconstruction after chemoradiotherapy; MDT discussion	All faculty
16:50	Question and answer session	All faculty
17:10	Close	

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Day Three – Wednesday 29th April - Management of Lymphoedema		
08:30	Registration and refreshments	
Session 1 - Lymphoedema assessment and non surgical treatment - 09:00 - 10:45		Chair: TBC
09:00	Welcome	Jo Skillman
09:05	Lymphoedema clinical assessment modalities and psychological affects of lymphoedema	Melanie Thomas
09:25	Question and answer session	
09:35	Investigation of lymphoedema and clinical applications	Alex Ramsden
09:55	Question and answer session	
10:05	Evidence for lymphoedema surgery and principles of LYMPHA, TBAR, ARM techniques	Kelvin Ramsey
10:25	Question and answer session	
10:45	Refreshment break and trade exhibition	
Session 2 - Breakout - 11:15 - 15:30		
Session timings: 11:15 - 11:40 11:45 - 12:10 12:15 - 12:40 The 6 sessions (3 before and 3 after lunch) will run concurrently with delegates rotating around all 6	1. Non surgical treatments for lymphoedema 2. Liposuction in lymphoedema and lipoedema 3. Medical treatment of lymphoedema	Denise Hardy Anne Dancey TBC
13:00 – 14:00	Lunch and Trade exhibition	
14:00 - 14:25 14:30 - 14:55 15:00 - 15:25 The 6 sessions (3 before and 3 after lunch) will run	4. Vascularised Lymph node transfer- evidence, techniques and outcomes 5. Lymphovenous anastomosis 6. Developing a business case for lymphoedema surgery and setting up a super microsurgery service	TBC Alex Ramsden Amar Ghataura

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15:30	Refreshment break	
Session 3 - Choosing the best technique and long term outcomes - 15:50 - 17:00		Chairs: TBC
15:50	Lymphoedema management for FRCS Plast	Alex Ramsden
16:10	Lymphoedema surgery - long term outcomes	TBC
16:30	When to use LVA / VLNT / both techniques	All faculty
17:00	Close	

Breakout Sessions

Each session will be led by a speaker but will take the form of an interactive seminar.

The delegates will have a group number, displayed on their name badge. Each group will rotate around each of the speakers and will get the opportunity to attend all the sessions.