Student Elective Report

Name	Heather White
Medical School	University of Cambridge
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Country visited	Australia
City or town	Perth
Hospital/unit/clinic	Burns Unit, Fiona Stanley Hospital
Dates visited	26/06/17 – 21/07/17
Supervising doctor	Dr Helen Douglas
Contact details of your host:	Elective Co-ordinator Katherine Edhouse katherine.edhouse@uwa.edu.au

Please give an		
overview of what you		
saw / did (200 words		
max)		

Each day I attended the morning ward round, a half-day theatre list and a clinic. I also attended multi-disciplinary team meetings which were held twice weekly, as well as some laser clinics and some teaching sessions.

I attended the daily theatre lists and had the opportunity to scrub in to every operation. Whilst scrubbed in I was able to actively assist in the operation and had the opportunity to take a few split-skin grafts. The majority of the operations I saw were on acute burns. Most of the acute surgical management I saw either involved split-skin grafts or 'Spray-on skin' or a combination of both techniques. I also saw some operations on burns scars including Z-plastys and laser treatments.

I attended both walk-in clinics and follow-up clinics. During clinics, I was able to see patients myself first then present them to and shadow doctors. In the walk-in clinics I saw a range of different burns at first presentation. The patients I saw in follow-up clinics ranged from a few weeks to several years post injury, and they had been managed in a variety of different ways.

What were the best things about the visit? (120 words max)

Everyone in the unit was very welcoming and friendly which helped me to feel like part of the team and have a very enjoyable time.

I got to spend a lot of time in theatre (every morning) and got to scrub in to every operation. It was great to have so much hands on experience.

I was able to see a wide range of burn injuries and saw patients at a wide variety of stages in their care – I feel like this really helped to give me a well-rounded overview of burns care.

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What problems did you encounter? (120 words max)	My elective coincided with another elective student. However, we were both able to get involved and I don't think it negatively impacted on the experience we were able to gain. It was nice to meet and work with another student.
What accommodation was provided?	None was provided. I used Airbnb to find accommodation which was reasonably priced and in a convenient location.
Would you recommend this to someone else? (explain if necessary)	Yes! It was an amazing experience.
Are you more likely to choose a career in plastic surgery as a result of this experience?	Yes! This was my first plastic surgery placement, so whilst I want to gain more experience in other aspects of the specialty, this experience has made me keen to pursue my interest in plastic surgery as a career.