



BAPRAS

British Association of Plastic
Reconstructive and Aesthetic Surgeons

Student Elective Report

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Please return to: secretariat@bapras.org.uk

Please complete this report form as honestly as possible so that others considering an elective may benefit from your experience. If you visited more than one place, please complete separate forms for each. Please bear in mind that we will be posting this report on our website for others to read.

Student Elective Report

Name	George Simmons
Medical School	University of Southampton
Email (optional)	George.g.simmons@gmail.com

Country visited	UK
City or town	East Grinstead
Hospital/unit/clinic	Queen Victoria Hospital
Dates visited	05-04-2021 to 30-04-2021
Supervising doctor	Mr Baljit Dheansa
Contact details of your host:	b.dheansa@nhs.net

Please give an overview of what you saw / did (200 words max)	<p><i>During this elective placement, I have undertaken regular ward rounds within the burns team and hand trauma team within the QVH. I have also attended regular theatre sessions, assisted and enhanced my surgical skills, as well as attending outpatient clinics.</i></p> <p><i>I have not only attended plastics in QVH, but also spent some time in ophthalmology and maxillofacial surgery which has broadened my exposure to these surgical specialties.</i></p>
What were the best things about the visit? (120 words max)	<p><i>The teams were all very welcoming and enthusiastic to teach and get me involved in whatever they were doing, whether that was operating or within the clinics.</i></p> <p><i>The hospital is small and so everyone knows each other and so walking down the corridors is pleasurable with everyone asking how you are and how the placement is going.</i></p> <p><i>The specialist plastic unit and burns unit do amazing surgeries that are great to watch and better when you get to assist.</i></p>
What problems did you encounter? (120 words max)	<p><i>Getting the initial access to departments and wards was difficult as I was the first student back after covid, but as soon as hotel services sorted access I was free to access everywhere in the hospital that I needed.</i></p> <p><i>Commuting was difficult, only because there was no local accommodation owing to covid and you can stay quite late if involved with a difficult or complex theatre case.</i></p>
What	

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accommodation was provided?	None provided
Would you recommend this to someone else? (explain if necessary)	<i>Absolutely, anyone who is interested in plastics, burns, oculoplastics or maxfax should definitely consider a placement in the QVH, for the above reasons.</i>
Are you more likely to choose a career in plastic surgery as a result of this experience?	<i>Yes, I am trying to get an Honorary Contract allowing me to revisit during my FY1-FY2 years to continue projects and contact giving me the best chance to tailor my career back to working (long or short term) at QVH for Plastic Surgery</i>
Which University are you studying at?	<i>Southampton</i>